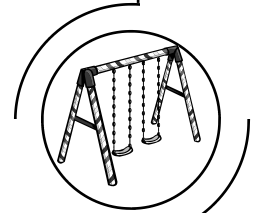


The Loop The Loop The Loop
The Loop The Loop The Loop
Ringtown, PA
2010
The Loop The Loop The Loop

5K Walk / Run

Saturday
June 26, 2010
Walk - 9:00 am
Run - 9:30 am



Ringtown, Pennsylvania



Detach and return this portion, with your entry fee, to:

Ringtown Recreation

c/o John Breznik

P.O. Box 381

Ringtown, PA 17967



RINGTOWN RECREATION
COMMITTEE

Ringtown, Pennsylvania

Phone: 570-889-5017 (John)
Alt Phone: 570-889-5807 (Heather)



Saturday, June 26
Rain or Shine

COURSE: 3.1 miles through the beautiful countryside of the Ringtown Valley. The mildly flat start and finish are near the Recreation Complex with a few mild hills throughout the middle of the course. Wheel measured.

AWARDS: Overall Male & Female winners and 1st, 2nd and 3rd place finishers in each age category.

Awards also for Overall Male & Female Walkers.

AGE CATEGORIES: Male and Female

14 & under	40 - 49
15 - 19	50 - 59
20 - 29	60 - 69
30 - 39	70 & Above

REFRESHMENTS:

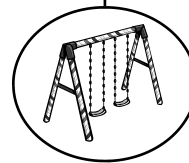
Fresh fruit and beverages will be available at the finish line!

**ALL PROCEEDS BENEFIT THE
RINGTOWN RECREATION
COMMITTEE.**



ENTRY FEE

\$15 Pre - Registration
\$18 Day of the Race



Complete the entry form to the right and send it,
along with your check made payable to
Ringtown Recreation
to the following address:

Ringtown Recreation Committee
c/o John Breznik
P.O. Box 381
Ringtown, PA 17967

Free T-shirt to all pre-registrants.
Deadline for pre-registration is June 11, 2010.

For more information, contact John at
(570) 889 - 5017

NAME: _____

Circle One: MALE FEMALE AGE: _____ BIRTHDATE: ____/____/____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

Circle One: RUN WALK T-SHIRT SIZE: S M L XL XXL

In consideration of this entry being accepted, I, intending to be legally bound, waive and release any and all rights and claims for injuries that may occur at this event, against the organization holding the event, or any of the officials of the race.

SIGNATURE: _____

SIGNATURE OF PARENT OR GAURDIAN (if under 18): _____