

5th ANNUAL NOTRE DAME CLUB OF SCHUYLKILL COUNTY DASH FOR ST. JOSEPH CENTER FOR SPECIAL LEARNING

Sponsors

Lehigh Valley Dairy
Way-Mart Food Stores
The City of Pottsville
Club 18



MONDAY, MAY 31, 2010

First Heat: 8:45am

Race Information

Registration Time: 7:30am to 8:30am at Club 18 (18th & West Market St Pottsville, PA 17901) Packet Pickup

Entry Fee: Pre-Registration until May 16, 2010... 1st family member \$13/ additional family member \$10 (walkers \$10)
Race Day... 1st family member \$16/ additional family member \$10 (walkers \$13)
Make checks payable to: Notre Dame Club of Schuylkill County
Send check and completed form to: Craig Lowther 353 1st Street, Port Carbon, Pa 17965

Age Groups and Awards for Males and Females: 7 & Under (all receive ribbons); 8 to 10 (4); 11 to 13 (4); 14 to 18 (3); 19 to 29 (3); 30 to 39 (4); 40 to 49 (4); 50-59 (3); 60+ (3). Overall Female and Male Awards will also be given. **Awards will be presented after the last heat at The Knights of Columbus Building near the finish line. Video and Results will be available after the race at www.clrunning.com**

Heats: 1- Males 7 & Under; 8 to 10; 11 to 13; 50 to 59; 60+; and Walkers
2- All Female Age Groups
3- Males 14 to 18; 19 to 29; 30 to 39; and 40 to 49

Course Record: 3:49.1 by Randy Haas in 1991 (\$100 prize will be given if a new course record is set)

Start/Finish: From 19th & Market to Garfield Square (1-mile), timed by Mogorun Timing and Results

LAST NAME: _____ **FIRST NAME:** _____
AGE ON RACE DAY: _____ **DATE OF BIRTH:** _____
ADDRESS: _____
SIGNATURE: _____ **PHONE NUMBER:** _____
SIGNATURE OF PARENT IF UNDER (18) _____

T-SHIRT SIZE
(CIRCLE ONE)
YM, YL, S, M, L, XL
(Only Pre-Registered runners and walkers will be guaranteed T-Shirts)

EVENT
(CIRCLE ONE)
RUN OR WALK

Your signature indicates that you have read and understand the waiver below

I understand and acknowledge that I am not required to participate in the road race and that my participation is wholly voluntary. I know that running is a potentially hazardous activity and I should not enter and run unless I am medically able and properly trained. I acknowledge that running can cause serious injuries resulting from, but not limited to, falls, contact with persons or property, weather and/or road conditions and that such injuries and/or death, may result not only from my own actions but also the action of others. I understand that bikes, skateboards, baby joggers, in-line skates and animals are not allowed in the race and I will abide by those guidelines.

I Individually, and on behalf of my heirs, successors, assigns, and personal representatives, hereby release acquit and forever discharge the University of Notre Dame duLac ("the University") and its employees, students, agents, servants, officers, trustees, sponsors, benefactors, and representatives (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries (including death) to persons or property or both, including but not limited to any claims, demands, actions, causes of action, damages, cost, expenses and/or attorneys fees, which arise out of, occur during, or result from my participation in the road race, including but not limited to travel. I individually, and on behalf of my heirs, successors, assigns, and personal representatives, hereby agree to identify, defend, and hold harmless the University, and its employees students, agents, servants, officers, trustees, sponsors, benefactors, and representatives (in their official and individual capacities) from any and all liability, loss or damage that they or any of them incur or sustain as a result of any claims, demands, actions, causes of action, judgments, cost, or expenses, including attorney fees, which arise out of occur during, or result from my participation in the road race, including, but not limited to travel.