

The Men of Marian High School Proudly Presents

## THE 2nd ANNUAL

## 5K WALK/RUN

**Saturday July 24, 2010 9:30A.M.**

**Course:** Run begins on the grounds of Marian Catholic High School and covers a scenic course through the Barnesville area before ending at the Men of Marian Stadium.

**Entry Fee:**

Pre-Registration- \$15.00, including commemorative t-shirt to first 75 entrants before June 30, 2010

Post-Registration- \$17.00, after June 30, 2010 (limited number of t-shirts, as long as they last.)

**Awards and Age Groups:**

Top overall male and female runners receive a plaque. Top two male and female walkers receive medals.

**5K RUN MALE:** Medals; 14 and under (2), 15-19 (3), 20-29 (3), 30-39 (3), 40-49 (3), 50-59 (3), 60 -70(3), and 71 and over (3).

**5K FEMALE:** Medals; 14 and under (2), 15-19 (3), 20-29 (3), 30-39 (3), 40-49 (3), 50-59 (3), 60-70 (3), and 71 and over (3)

**Wheelchair:** All ages are welcome; 2 medals will be awarded.

**Race Registration** will be held from 7:30am-9:15am on the grounds of Marian Catholic High School 166 Marian Avenue, Tamaqua, PA 18252 on Saturday July 24, 2010. The race will begin promptly at 9:30am. Walkers will line up behind the runners. Both the walk and run will finish at the Men of Marian Stadium. Race will be held rain or shine.

**Registration Fee Payment:** Make checks payable to the Men of Marian. Please send entry form and payment to: Nathan Halenar 447 W. White St. Summit Hill, PA 18250. Any questions can be answered by contacting Nathan at (570) 645-7588 or Susie in the Development Office at (570) 467-0641.

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### 2010 Entry Form (Please print or type)

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

T-SHIRT SIZE: S M L XL XXL CIRCLE ONE: RUN WALK WHEELCHAIR

MARIAN HIGH SCHOOL ALUMNI: YES NO (CIRCLE IF APPLICABLE)

WAIVER APPROVAL: (ALL ENTRANTS MUST SIGN)

I know that participating in a road run/walk is a potentially hazardous activity. I should not enter and participate unless I am medically capable. I agree to participate according to my ability to safely complete the course. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Marian Catholic High School, The Diocese of Allentown, The Men of Marian, and all sponsors, their representatives, and successors, race volunteers, race directors, from all claims or liabilities of any kind arising out of my participation in this event.

SIGNATURE OF ENTRANT: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE OF PARENT IF UNDER 18: \_\_\_\_\_