

Bloomsburg University's The Market Street Mile



**1 Mile Race
Start at Town Fountain
Finish at Town Park!**

*New this year!
Kids races are loops in Town Park!
Start & Finish are 100 feet apart!*

Friday September 10, 2010

1 Mile: 6:30pm

1/2 Mile: 6:45pm

1/4 Mile: 6:55pm

1 Mile Registration
Reg. Fee till Sept 1st: \$12 (\$15 after)

1/4 & 1/2 Mile Registrations
Reg. Fee till Sept 1st: \$8 (\$10 after)

The first 150 registered are guaranteed an Official Race T-Shirt.

Awards:

1st Male, 1st Female, Top 3 in Each Age Group, 1st Finisher in 1/4 and 1/2 Races, and all kids!

New this year! Bloomsburg University Class Champions—Top Male/Female Freshman, Sophomore, Junior, Seniors!

Age Groups 1 MILE race:

11 to 14; 15 to 19; 20 to 29; 30 to 34; 35 to 39; 40 to 44; 45 to 49; 50 to 54; 55 to 59; 60 to 69; and 70+ & BU CLASS CHAMPS!

Registration : Mail completed and signed entry form to:
Bernard Empie, XC/T&F Coach
Bloomsburg University
400 East Second Street
Bloomsburg, PA 17815

Checks payable to: Bloomsburg University XC/Track
(proceeds from the race support BU XC/T&F scholarships)

Race Director: Bernard Empie
Email: bempie@bloomu.edu
Website: www.buhuskies.com

Race Day Registration Time:

4:30 thru 15 minutes prior to race time!

Race Day Registration/Early Pick-up Location:
Town Park Pavilion Only!

★ **NO pre-registered packets** ★
★ **and** ★
★ **NO registration** ★
★ **will be available at the starting line!** ★

NAME: _____ AGE: _____ GENDER: M or F

EMAIL ADDRESS: _____

ADDRESS: _____

STATE: _____ ZIP: _____ PHONE: _____

T-Shirt Size: Youth S Youth M Youth L Youth XL Adult S Adult M Adult L Adult XL

Emergency Contact: _____ Phone: _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. It is my declaration that I consider myself in such physical and medical condition and that I have sufficient training to enable me to participate in this event. I agree to abide to any decision of a race official relative to my ability to safely complete this race. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, effects of weather including high heat and/or humidity, traffic and conditions of the road, insect bites and/or bee stings, and course conditions, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf including but limited to heirs, executors and administrators, waive and release Bloomsburg University, the Town of Bloomsburg, its officers and agents, all sponsors, their representatives and successors, including the claims and liabilities of any kind arising from my participation in this event. The race director reserves the right to reject any entry. I also give permission to Bloomsburg University to use my name and/or picture (including the participant(s)) without compensation.

Participant's Signature: _____ Date: _____

Signature of parent or guardian (if under 18): _____