



**SS PETER & PAUL SCHOOL'S 5th ANNUAL
5K for EDUCATION & FITNESS Run or Walk
SATURDAY MAY 24, 2014, 9AM (Rain or Shine)
FREE 1 Mile Kid's Fun Run, 8:30AM
SS PETER & PAUL CHURCH**

Proceeds Benefit the Students of SS Peter & Paul School and CrossFit TC Unplugged.

Course: Wheel-measured 5K within the town of Lehighton (flat pavement and gentle hills).

Amenities: Refreshments, Awards, Indoor Facilities & Professional Timing

Registration Fees - Received by May 6th \$22 (T-shirt guaranteed)

After May 6th & Same Day Registration \$25 (T-shirts as available)

Family Registration: By May 6 : \$44 for 1st two & \$8 for each additional family member

(Immediate Family Members Only-not available w/online registration)

After May 6: \$50 for 1st two & \$10 for each additional family member

Payment: Make checks payable to: SS Peter & Paul School-5K

Mail to: SS Peter & Paul School 307 Coal St., Lehighton, PA 18235

Register Online w/Active @: <http://www.active.com/running/lehighton-pa/5k-for-education-and-fitness-run-or-walk-2014>

Awards: Awards will be presented to the top three male & female overall runners plus the top 3 runners in the following age groups for men & women: 18 and under; 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 + OVER. Walkers: Top 3 Males; Top 3 Females. Fun Run- 12 and under 1st Boy; 1st Girl; Youngest runner.

Note: Walkers and Runner start at the same time, but we ask that walkers lineup behind runners for the start.

Additional Information: Maureen McTague maureen.mctague@friedmanelectric.com @ or 610-657-4223

Reyna Sarnowski @ rsarnows@aol.com /610-247-5956 - Doreen Galasso @ dgalasso@ptd.net / 610-377-0498

Chrissy Mayernik @ buzzsaw1@ptd.net or 570-956-2516

SS PETER & PAUL SCHOOL'S 6th ANNUAL 5K for FITNESS & EDUCATION

Name _____ Male _____ Female _____ Age on race day _____

Address _____ City _____

State _____ Zip _____ Phone _____ Email _____

Run _____ or Walk _____

In addition to my registration fee I've included a personal donation of \$ _____

Shirt Size: Youth: M _____ L _____ Ladies: S _____ M _____ L _____ XL _____

Mens: S _____ M _____ L _____ XL _____

I know that participating in a road race is a potentially hazardous activity. I hereby affirm that I am medically able, capable and have properly trained to participate. My participation is voluntarily done. I know that there may be hazards on the course, including but not limited to car traffic, natural obstacles, uneven terrain/pavement/trails, domestic and wild animals. I assume any and all risks associated with running/walking, attending and traveling to/from this race including but not limited to falls, contact w/ other participants or cars, the conditions of the road and trails, all such risks being known and appreciated by me. Knowing these facts, and in consideration for your accepting this entry fee/form, I hereby for myself, my heirs, executors, administrators or anyone else who might have claim on my behalf, covenant not to sue and waive, release and discharge all rights and claims for damage I may have against the Borough of Lehighton, Allentown Diocese, SS Peter & Paul Parish/School, the race committee, volunteers, any and all sponsors, as well as the foregoing parties' subcontractors, volunteers, agents, employees, officers, directors, assigns, or anyone acting on their behalf, or anyone else associated in any way with the race, from any and all claims or liability for death, personal injury and property damage of any kind whatsoever arising out of, or in the course of my participation in this event. I also give my permission for the free use of my name and picture in any broadcast, telecast or print media account of this event. I HAVE READ AND UNDERSTAND THIS WAIVER (if under 18, legal guardian must sign)

Signature _____

Date _____

Signature of parent or guardian if under 18 _____

Date _____