

Rattlesnake Run

5K & One Mile Fun Walk

Saturday, June 28 **Lehigh Gorge State Park**

5K @ 8:00 am—Fun Walk @ 9:00 am

Ample parking & start/finish at Jim Thorpe access to park

(across from Jim Thorpe River Adventures @ 1 Adventure Lane, Jim Thorpe)

Benefits Carbon County Environmental Education Center

Register by June 13 for guaranteed

Free T-shirt Free shirts while supplies last after 06/13

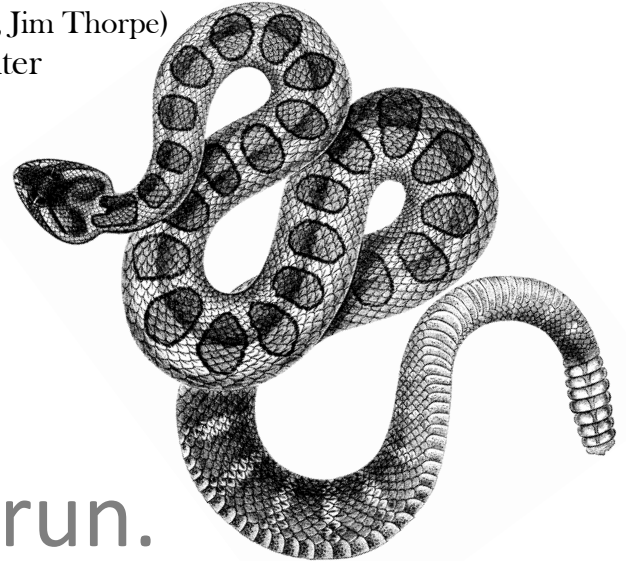
5K awards top 3 overall M/F, + top 3 M/F per age category

ORGANIC BAKED GOODS at finish!

Finisher's "medals" for all!

5K @ \$20 before June 13 / \$25 after

Fun Walk @ \$10 before June 13 / \$15 after



run.

Make check payable to CCEEC.

Mail to 151 E. White Bear Drive, Summit Hill, PA 18250

Questions? Email Susan Gallagher @ cceec@ptd.net

Name: _____ Gender: M F Age on race day: _____

Phone: (____) _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____ Event: 5K 1Mile

Please circle adult T-shirt size: Small Medium Large X-Large

WAIVER: I, for myself or as parent or guardian, hereby assume all the risks and hazards incidental to the conduct of the activities. I understand that no insurance coverage is provided by CCEEC, PA DCNR or sponsors. I further give permission for emergency care to be rendered to myself or child should I not be available or able to give such permission. I know that running a race is a potentially hazardous activity I should not undertake unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this release and knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act in my behalf or on behalf of my estate, waive and release CCEEC, board members, PA DCNR, all race sponsors, assistants and volunteers, from all claims and liabilities of any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver.

Signature _____ Parent or guardian signature if participant is less than 18 years of age on day of race

Indicate nut allergies above